

In the Community



SEPTEMBER 2021 EDITION

Meet the PA Health & Wellness Outreach Team:



Anna Keith
Vice President, LTSS & Community Outreach
Anna.M.Keith@PAHealthWellness.com
717-551-8094



Keri Harmicar
Director, Marketing and Community Relations
Keri.L.Harmicar@PAHealthWellness.com
717-551-8031



Kay Gore
Manager, Community Relations & Outreach
Kay.S.Gore@PAHealthWellness.com
717-551-8613



Felicia Alexander
Outreach Specialist, Southwest PA
Felicia.M.Alexander@PAHealthWellness.com
412-389-5486



Gregory Hershberger
Project Specialist
Gregory.M.Hershberger@PAHealthWellness.com
412-600-3770

Central Pennsylvania Food Bank's ElderShare program



The Central Pennsylvania Food Bank's private ElderShare program provides a monthly box of food to seniors 60 years of age or older whose total household income does not exceed the listed guidelines. ElderShare is in addition to any other food assistance the participant may receive, except that potential participants cannot

be current recipients of the USDA's monthly Commodity Supplemental Food Program (CSFP) for low-income seniors. Last year, they distributed 68,000 senior boxes in central Pennsylvania serving more than 8,500 seniors through the program.

How to register:

A registration form must be completed by each individual senior that wants to receive a box. The senior must go to one of our partner agencies that distribute the boxes and sign-up at that location. They must bring with them their proof of age and proof of income to show that they are at least 60 years of age and that they fall within the requisite income guidelines for eligibility.

Once registered, participants will have the opportunity to name a proxy or proxies to pick up their food boxes when they are not able to do so.

Please go to: www.centralpafoodbank.org or call 717-564-1700 (Harrisburg) or 570-321-8023 (Williamsport) for more information.

Northside Common Ministries, Celebration of Caring

PHW was a proud sponsor of the "Celebration of Caring" event to benefit Northside Common Ministries (NCM). Northside Common Ministries is committed to building the bridges that connect neighbors in need to an improved quality of life while tearing down the walls that keep the hungry and homeless from success.

An affiliate unit of Goodwill of Southwestern Pennsylvania, NCM operates the Pleasant Valley Emergency Shelter for men who are homeless, the Northside Community Food Pantry, and a Permanent Housing Program for men with disabilities. NCM's work is supported and facilitated by hundreds of volunteers, including members of more than 60 church congregations who provide evening meals for Shelter residents throughout the year.



Inglis House- Keen Games

PA Health & Wellness was a proud sponsor of the annual Keen Games to support the Inglis House of Philadelphia. This year, due to COVID restrictions, the games were much smaller and we weren't able to attend in person. The Keen Games have been held every fall since 1976.

To learn more about Inglis House please go to: www.inglis.org.

Participant Advisory Committee (PAC)

Currently, PHW has completed the third quarter of Participant Advisory Committee (PAC) meetings in all five regions across the Commonwealth. Our PAC meetings are a combination of participants and community partners. The partnership with all of our members and PHW employees is outstanding! At PHW we do have an open door policy to anyone that would like to be a part of the meeting at any given time. We thank everyone for all of the support and feedback from these meetings and looking forward to more to come! If you or someone you know would like to learn more about PHW PACs, please contact Greg: Gregory.M.Hershberger@PAHealthWellness.com.



Voices for Independence (VFI)



On August 26, Voices for Independence (VFI) hosted the "All Inclusive Fitness Challenge" at their location for all members. Participants were able to compete in a variety of challenges and interactive games to win prizes. PHW was a proud

sponsor of this event. VFI provides services and programs to people with disabilities so they can live independently and become productive members of the community. For more information, visit: www.vficil.org.

Transitional Paths to Independent Living (TRPIL)

On September 13, Transitional Paths to Independent Living (TRPIL) hosted their annual Golf Classic, and PHW was, once again, a sponsor. This year, we were not able to attend in person, but the weather was beautiful, and everyone in attendance had a great time (so we heard!). TRPIL provides the five core Independent Living Services (advocacy, independent living skills training, information & referral, peer support, and transition) as well as other programs and services, to promote people with disabilities living lives they choose, in the places they choose. Visit www.trpil.com to learn more.

