

In the Community



FEBRUARY 2021 EDITION

Meet the PA Health & Wellness Outreach Team:



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PHW Goes Red for Women



Heart Health Month

PA Health & Wellness was proud to support the American Heart Association and celebrate Go Red for Women, as well as Heart Health Month during the month of February. In addition, the Outreach Team provided Heart Health information packets to several of our community partners in the Commonwealth. The information included a stress ball, an adult coloring book, and tips on how to live a heart healthy life.



Black History Month



Black History Month

Diversity and Inclusion was celebrated by PA Health & Wellness as we highlighted many of the organizations that we partner with to address health disparities in the communities we serve. Each Friday in March, PHW held a Lunch and Learn session for employees, where we invited Black owned and/or Black led business leaders to speak on how they help direct, empower, and succeed in their roles. Pictured (from left to right) are; Sonia Brookins, President and CEO of Welfare Rights and Welfare Pride, Atif Bostic, Executive Director of Uplift Solutions, Andrew Henderson II, CEO of GrayHawk Health, David Henderson, VP of Business Development of GrayHawk Health, and Janis Burley Wilson, President and CEO of the August Wilson African American Cultural Center.

The PHW Community Health Sponsorship Program

The PHW Community Health Sponsorship Program (CHSP) will focus on our vision of “transforming the health of the community one person at a time.”



The CHSP will allow PA Health & Wellness to focus on investing in the community by funding programs that align with our core mission. This investment targets programs that better support and enhance the lives of the CHC participants. For the past two years, PA Health & Wellness has focused on educating our community partners on the services that PA Health & Wellness offers as a new organization in the CHC space.

PA Health & Wellness will move forward by seeking to enhance relationships where existing programs can be leveraged, current capacity is increased, and collective impact is broad but meaningful. For more information on the PHW CHSP, and to learn how you can request support, please visit pahealthwellness.com/community.

Transforming the health of the community, one person at a time.