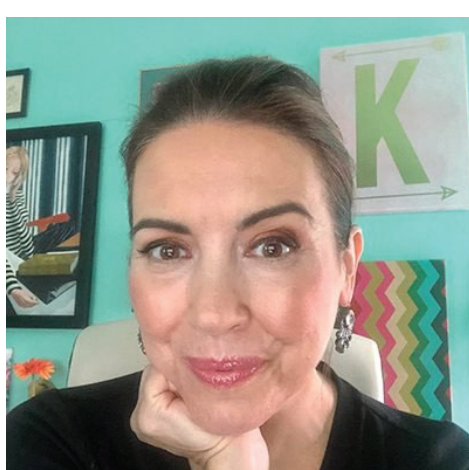


Meet the PA Health & Wellness Outreach Team:



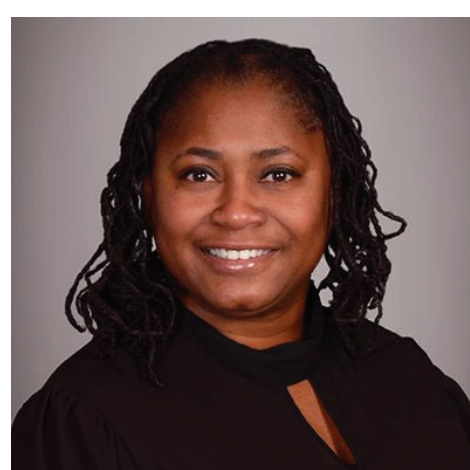
Anna Keith

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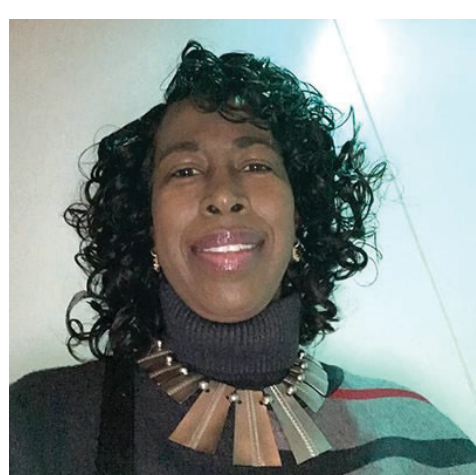
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National Health Care Week (August 8-14)



This annual celebration raises awareness about the mission and accomplishments of America's health centers over the past five decades. National Health Center week honors front line providers, staff, and beloved patients who lost their lives during the (ongoing) COVID-19 pandemic.

PA Health & Wellness attended events at Paramount Health Clinic in Pittsburgh and Berks Community Health Center.

Pictured Erica Kearse and Dillan Ritter

Sojourner House of Pittsburgh

PA Health & Wellness sponsored the Sojourner House of Pittsburgh 17th Annual Victorian Tea in August at the William Penn Hotel in Downtown Pittsburgh.

Sojourner House has an award winning six-month residential program for addicted mothers and their children. The event was attended by Judy Scherrer, Keri Harmicar, and Olivia Martin.



Health and Wellness Weekend

On Saturday, Aug. 21, Pittsburgh residents had the opportunity to celebrate summer and community at the eighth annual Health and Wellness Weekend in the heart of the Hill District.

Hosted by state Rep. Jake Wheatley, D-Allegheny, this annual event celebrated and promoted physical, spiritual and environmental wellness in the community.

Special thank you to Felicia Alexander and Judy Scherrer (pictured with State Representative Jake Wheatley) for representing PA Health & Wellness.

Green Grocer

Green Grocer is a mobile farmers market truck in Southwestern PA. The truck sells fresh fruits, vegetables, dairy, bread and frozen meals. Multiple forms of payment are accepted.

SNAP (food stamps) can help you buy food. Call the Food Bank for help applying. 1-833-822-SNAP (7627).

For more information, please go to <https://www.pittsburghfoodbank.org/green-grocer/> 412-745-6499 greengrocer@pittsburghfoodbank.org



Did you know these facts about Allegheny County Parks???

- We have [nine county parks!](#)
- There is a [website](#) and [program and event guide](#) (available online and downloadable PDF) that will help all find something to enjoy!
- The Parks have a [Facebook page](#) and a [resources page](#) that includes maps.
- [Park Rangers](#) serve as ambassadors and offer educational and interpretive programming as well as outreach programming to local schools and communities.
- [Everyone can receive a weekly newsletter with updates on park activities, events, and programs.](#)
- Everyone can receive notifications of last-minute park and event updates through [Allegheny Alerts](#)
- Three parks include [Environmental and Nature Centers](#) and three include [wave pools](#), two offer [Summer Concert Series and Movies in the Park](#) and one has a [swimming pool](#).
- Harrison Hills Park will be of special interest to [birdwatchers](#).
- There are activities and programs throughout the year!



CarCruises

Cars, live music, food trucks, and more are offered throughout September in four parks – Deer Lakes, Settlers Cabin, South and North!! For more info, visit: <https://www.alleghenycounty.us/special-events/summer-car-cruises.aspx>